



Flu Clinic Guidelines and Details

This year we are dealing with an unprecedented situation, please follow these guidelines to keep you and our team members healthy at your on-site flu shot clinic:

- I will bring cleaning supplies to clean the area we are using. If the area/furniture requires a special cleaning product, please make it available so nothing is ruined.
- Form a line using social distancing precautions (do not create a crowd in the shot area). **Enter the area 1 at a time**. Using a sign-up sheet with a time slot to stop by so not everyone comes at once, is also a good idea. Giving a shot takes less than 2 minutes.
- Everyone in the room where shots are being given, with the exception of small children, **must wear a mask**. This is for everyone's protection.
- **Use hand sanitizer when entering** the shot room/area. Many people will be traveling through this area, it is in everyone's best interest to do so with clean hands.
- **Bring your own pen**, in case something is missing from your form.
- Everyone receiving a shot must bring a **filled-out consent form and a photocopy of your prescription insurance**. If you have United Healthcare, Cigna, Aetna or BCBS of Texas and have 2 cards (one for medical and one for prescription) please make a photo copy of each. If you have Medicare, we need a copy of the red, white and blue card. Doing these things ahead of time will make the clinic go much smoother.
- Children 7 and older can receive a flu shot without a prescription. Those **younger than 7 will need to bring a prescription** to the clinic to receive a flu shot.
- You may be responsible for payment after the date of service if the product or service is billed to your medical benefit. Your medical benefit sometimes considers your deductible. If it is not met, a payment may be required. In this case, you would be contacted by a pharmacy team member for payment over the phone.
- For those without insurance that wish to get the vaccine, the case prices are: quadrivalent (regular) vaccine is \$48.99, the egg free and 65+ vaccines are \$82.69.
- **Wear a shirt that has easy access** to the area just below your shoulder.
- You are **advised not to leave the premises for 15 minutes after vaccination**, in case a severe allergic reaction occurs. We have emergency medication for these situations.
- **You cannot get the flu from the flu shot**. The contents of the vaccine are not live. It does take about 2 weeks to gain immunity to the vaccine. If you get sick in the next 2 weeks, you may have already been exposed to the virus before receiving your shot.
- You may feel a little under the weather a few hours after the vaccine. Your arm may also be sore. OTC medications, such as acetaminophen or ibuprofen, may help relieve these symptoms. You should feel better in about 12-24 hours in most cases.
- If you have sensitive skin, take the band-aid off in about 30 minutes to avoid a skin reaction.

I have attached to this email the consent form, the Influenza Vaccine Information Sheet and a copy of our HIPAA Notice of Privacy Practices. Please make sure everyone receiving a flu shot has access to these documents. If you have any questions regarding the day of the event, please let me know.